

er:
 :: Alternatives to Abortion CFMS# 719685 [02-29-16]
 9 January 2016

Performance Period**nt Appropriated:**\$485,629.00**lonthly Invoices:**\$**YTD Amount:**\$

hts & Deviations: One of our highlights is our "e-communique newsletter" it is a tool to encourage and promote resources and information to clients and providers related to best practices in prenatal care and quality assurance.

**ective Actions for
 Deviations:**

ngoing Obstacles:

**Activities in Next
 Period:** 2016 Life Choice Project Conference with Subcontractors - 02/17/2016

oals & Objectives: Exceed our Performance Targets**Performance Delivery**

Component Name	Yearend Target	YTD Total Served	YTD New Served	Total Served This Month	New Served This Month	Notes
Application	1944	1732	1732	308	308	

Task Status

Task Name	Status	Activity Notes
Quality Assurance	On Schedule	To ensure adherence to program service delivery requirements, compliance visits are conducted monthly to review.
Project Staff and Consultant Meetings	On Schedule	To assess program activities and other core functions; regular meetings are conducted in house, via webinars and via conference calls
Abstinence Education	On Schedule	To inform, educate and empower TANF eligible adolescents and young adult (aged 13 to 21 years) to make informed healthier life choices.
Home Outreach Support Services	On Schedule	To provide TANF eligible expectant mothers, their male partners, and family with information, referral and access to needed medical, nutritional, social, emotional, educational, developmental and other appropriate prenatal health care services.
Know for Sure Calls	On Schedule	Total activity 362 calls 346 emails 65 chats 65 PARISHES: Acadia 1, Ascension 27, Calcasieu 3, Concordia 2, EBR 230, E. 5, Iberia 3, Iberville 6, Jefferson 1, Jefferson Davis 1, Lafayette 8, Livingsto 18, Pointe Coupee 3, Rapides 1, St. James 2, St. John Baptist 5, St. Landry 1, St. Martin 2, St. Martinsville 4, Tangipahoa 7, WBR 1 OUT OF STATE COUNTIES: Adams, MS 1, Amite, MS 1, Forrest, MS 1, Wilkinson, MS 2
Google Ad's	On Schedule	219,689 All-Time total 823 New Impressions times users saw our listing in search 65 chats

Performance Indicators

Performance Indicator	Unit of Measure	PI Target	PI Actual	DEV	PI Actual Number	Year End Target	Year End Actual	Year End DEV	Reason for Deviation
Application	NUMERIC	243	308	65	N/A	1944	1732	212	Services Exceed
ncy Test	NUMERIC	246	248	2	N/A	1968	1845	123	Services Exceed
e Pregnancy Test	NUMERIC	40	60	20	N/A	320	373	-53	Services Exceed
ence Education	NUMERIC	40	60	20	N/A	320	373	-53	Services Exceed
ling	NUMERIC	188	305	117	N/A	1500	1637	-137	Services Exceed
il	NUMERIC	137	214	77	N/A	1100	1230	-130	Services Exceed
Risk Assessment	NUMERIC	150	248	98	N/A	1200	1358	-158	Services Exceed
an Development	NUMERIC	137	248	111	N/A	1100	1358	-258	Services Exceed
ng monitoring	NUMERIC	137	224	87	N/A	1100	1304	-204	Services Exceed
Support	NUMERIC	78	99	21	N/A	624	684	-60	Services Exceed
Outreach Support	NUMERIC	42	46	4	N/A	336	354	-18	Services Exceed
utcomes	NUMERIC	44	71	27	N/A	352	410	-58	Services Exceed

Approved

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***Approval Date**

02/08/2016

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 Partner: Caring to Love Ministries
 ative: Alternatives to Abortion CFMS# 719685 [06-30-15]
 orting
 th: December 2015

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Performance Period

Amount Appropriated: \$485,629.00

Monthly Invoices: \$66,335.45

YTD Amount: \$364,862.14

Highlights & Deviations: One of our highlights is our "e-communique newsletter" it is a tool to encourage and promote resources and information to clients and providers related to best practices in prenatal care and quality assurance.

Corrective Actions for Deviations:

Ongoing Obstacles:

Major Activities in Next Period:

Goals & Objectives: Exceed our Performance Targets

Performance Delivery

Component Name	Yearend Target	YTD Total Served	YTD New Served	Total Served This Month	New Served This Month	Notes
Take Application	1944	1424	1424	281	281	

Task Status

Task Name	Status	Activity Notes
(1) Quality Assurance	On Schedule	To ensure adherence to program service delivery requirements, compliance visits are conducted monthly to review.
(2) Project Staff and Consultant Meetings	On Schedule	To assess program activities and other core functions; regular meetings are conducted in house, via webinars and via conference calls
(3) Abstinence Education	On Schedule	To inform, educate and empower TANF eligible adolescents and young adults (aged 13 to 21 years) to make informed healthier life choices.
(4) Home Outreach Support Services	On Schedule	To provide TANF eligible expectant mothers, their male partners, and families with information, referral and access to needed medical, nutritional, social, emotional, educational, developmental and other appropriate prenatal health care services.
(5) Know for Sure Calls	On Schedule	TOTAL ACTIVITY 317: 200 calls; 38 ABV calls; 9 ABV appointments. PARISHES: Ascension 9, EBR 113, E Felician 2 Iberia 1, Iberville 2, Jefferson 1, Lafayette 7, Livingston 18, Orleans 2, Pointe Coupee 2, Rapides 1, St Helena 1, St John 1, St Martin 1, St Tammany 1, Tangipahoa 4, Terrebonne 1, Vermilion 1. WBR 1, W Felician 1. OUT OF STATE COUNTIES: Clinton C 1, Kitsap C 1, Nueces Onondaga C 1, Payne C 1, Pike C 1, Queens C 1, Richmond C 1, S Diego C 1, San Mateo C 1, Weber C 1, Quebec Canada 1
(6) Google Ad's	On Schedule	2120 impressions times users saw our listing in search 54 chats

Performance Indicators

Performance Indicator	Unit of Measure	PI Target	PI Actual	DEV	PI Actual Number	Year End Target	Year End Actual	Year End DEV	Reason for Deviation
Take Application	NUMERIC	243	281	38	N/A	1944	1424	520	Services Exceeded
Pregnancy Test	NUMERIC	246	295	49	N/A	1968	1597	371	Services Exceeded
Positive Pregnancy Test	NUMERIC	40	62	22	N/A	320	313	7	Services Exceeded
Abstinence Education	NUMERIC	40	62	22	N/A	320	313	7	Services Exceeded
Counseling	NUMERIC	187	256	69	N/A	1500	1332	168	Services Exceeded
Referral	NUMERIC	138	167	29	N/A	1100	1016	84	Services Exceeded
Health Risk Assessment	NUMERIC	150	219	69	N/A	1200	1110	90	Services Exceeded
Life Plan Development	NUMERIC	138	219	81	N/A	1100	1110	-10	Services Exceeded
Ongoing monitoring	NUMERIC	138	184	46	N/A	1100	1080	20	Services Exceeded
Family Support	NUMERIC	78	76	-2	N/A	624	585	39	Services Exceeded
Home Outreach Support	NUMERIC	42	53	11	N/A	336	308	28	Services Exceeded
Health Outcomes	NUMERIC	44	52	8	N/A	352	339	13	Services Exceeded

Approved

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*Approval Date

01/08/2016

Performance Period**Appropriated:** \$485,629.00**Monthly Invoices:** \$62,189.37**YTD Amount:** \$298,526.69**Less & Deviations:** One of our highlights is our "e-communique newsletter" it is a tool to encourage and promote resources and information to clients and providers related to best practices in prenatal care and quality assurance**Corrective Actions for****Deviations:****Identifying Obstacles:****Activities in Next****Period:****Less & Objectives:** Exceed our Performance Targets**Performance Delivery**

Component Name	Yearend Target	YTD Total Served	YTD New Served	Total Served This Month	New Served This Month	Notes
Application	1944	1143	1143	214	214	

Task Status

Task Name	Status	Activity Notes
Quality Assurance	On Schedule	To ensure adherence to program service delivery requirements, compliance visits are conducted monthly to review.
Project Staff and Consultant Meetings	On Schedule	To assess program activities and other core functions; regular meetings are conducted in house, via webinars and via conference calls
Abstinence Education	On Schedule	To inform, educate and empower TANF eligible adolescents and young adults (aged 13 to 21 years) to make informed healthier life choices.
Home Outreach Support Services	On Schedule	To provide TANF eligible expectant mothers, their male partners, and families with information, referral and access to needed medical, nutritional, social, emotional, educational, developmental and other appropriate prenatal health care services.
Know for Sure Calls	On Schedule	TOTAL ACTIVITY 311 290 calls PARISHES: Acadia 4, Ascension 13, Calcasieu 1, Concordia 1, EBR 184, East Feliciana 2, Iberia 4, Jefferson 5, Jefferson Davis 1, Lafayette 9, Lafourche 2, Livingston 16, Orleans 2, Pointe Coupee 6, Rapides 1, St. Landry 3, St. James 2, St. John 1, St. John the Baptist 1, St. Martin 1, St. Mary 1, St. Tammany 1, Tangipahoa 6, Terrebonne 1, Washington 3, WBR 4 OUT OF STATE COUNTIES: Amite, MS 1; Walthall, MS 1; Wilkinson, MS 1
Google Ad's	On Schedule	17,598 Google Impressions - 582 clicks

Performance Indicators

Performance Indicator	Unit of Measure	PI Target	PI Actual	DEV	PI Actual Number	Year End Target	Year End Actual	Year End DEV	Reason for Deviation
Application	NUMERIC	243	214	-29	N/A	1944	1143	801	Satisfactory
Drug Test	NUMERIC	246	226	-20	N/A	1968	1302	666	Services Exceeded
Pregnancy Test	NUMERIC	40	54	14	N/A	320	251	69	Services Exceeded
Abstinence Education	NUMERIC	40	54	14	N/A	320	251	69	Services Exceeded
Group	NUMERIC	188	191	3	N/A	1500	1076	424	Services Exceeded
	NUMERIC	137	151	14	N/A	1100	849	251	Services Exceeded
Task Assessment	NUMERIC	150	160	10	N/A	1200	891	309	Services Exceeded
Development	NUMERIC	137	160	23	N/A	1100	891	209	Services Exceeded
Monitoring	NUMERIC	137	154	17	N/A	1100	896	204	Services Exceeded
Support	NUMERIC	78	87	9	N/A	624	509	115	Services Exceeded
Home Outreach Support	NUMERIC	42	49	7	N/A	336	255	81	Services Exceeded
Outcomes	NUMERIC	44	50	6	N/A	352	287	65	Services Exceeded

Approved***Approval Date**

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 Partner: Caring to Love Ministries
 rative: Alternatives to Abortion CFMS# 719685 [02-29-15]
 orting
 nth. October 2015

Performance Period

Amount Appropriated: \$485,629.00

Monthly Invoices: \$ 64,381.47

YTD Amount: \$ 236,337.32

Highlights & Deviations: One of our highlights is our "e-communique newsletter" it is a tool to encourage and promote resources and information to clients and providers related to best practices in prenatal care and quality assurance.

Corrective Actions for Deviations:

Ongoing Obstacles:

Major Activities in Next Period:

Goals & Objectives: Exceed our Performance Targets

Performance Delivery

Component Name	Yearend Target	YTD Total Served	YTD New Served	Total Served This Month	New Served This Month	Notes
Take Application	1944	929	929	245	245	

Task Status

Task Name	Status	Activity Notes
(1) Quality Assurance	On Schedule	To ensure adherence to program service delivery requirements, comp visits are conducted monthly to review.
(2) Project Staff and Consultant Meetings	On Schedule	To assess program activities and other core functions; regular meeting conducted in house, via webinars and via conference calls
(3) Abstinence Education	On Schedule	To inform, educate and empower TANF eligible adolescents and young (aged 13 to 21 years) to make informed healthier life choices.
(4) Home Outreach Support Services	On Schedule	To provide TANF eligible expectant mothers, their male partners, and with information, referral and access to needed medical, nutritional, s emotional, educational, developmental and other appropriate prenatal health care services.
(5) Know for Sure Calls	On Schedule	TOTAL ACTIVITY 172 : 168 calls PARISHES: Ascension 6, Calcasieu 1, EBR 133, Iberville 3, Lafayette Livingston 8, Pointe Coupee 4, St John 2, St Martin 2, Tangipahoa 1, OUT OF STATE COUNTIES: Texas 1, Mississippi 3
(6) Google Ad's	On Schedule	9,830 Google Impressions- Devices use for Ad word campaign compu clicks

Performance Indicators

Performance Indicator	Unit of Measure	PI Target	PI Actual	DEV	PI Actual Number	Year End Target	Year End Actual	Year End DEV	Reason Deviation
ake Application	NUMERIC	243	245	2	N/A	1944	929	1015	Services
grancy Test	NUMERIC	246	292	46	N/A	1968	1076	892	Services
gative Pregnancy Test	NUMERIC	40	53	13	N/A	320	197	123	Services
stinence Education	NUMERIC	40	53	13	N/A	320	197	123	Services
unseling	NUMERIC	187	242	55	N/A	1500	885	615	Services
erral	NUMERIC	138	176	38	N/A	1100	698	402	Services
alth Risk Assessment	NUMERIC	150	192	42	N/A	1200	731	469	Services
re Plan Development	NUMERIC	138	192	54	N/A	1100	731	369	Services
-going monitoring	NUMERIC	138	219	81	N/A	1100	742	358	Services
mily Support	NUMERIC	78	97	19	N/A	624	422	202	Services
me Outreach Support	NUMERIC	42	51	9	N/A	336	206	130	Services
th Outcomes	NUMERIC	44	64	20	N/A	352	237	115	Services

Approved
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*Approval Date
11/09/15

Performance Period

at Appropriated:\$485,629
 onthly Invoices:\$ 38,615.00
 YTD Amount:\$ 95883.62

hts & Deviations: One of our highlights is our "e-communique newsletter" it is a tool to encourage and promote resources and information to clients and providers related to best practices in prenatal care and quality assurance.

ective Actions for
 Deviations:
 going Obstacles:
 Activities in Next
 Period:

als & Objectives: Exceed our Performance Targets

Performance Delivery

Component Name	Yearend Target	YTD Total Served	YTD New Served	Total Served This Month	New Served This Month	Notes
Application	2916	682	682	207	207	

Task Status

Task Name	Status	Activity Notes
Quality Assurance	On Schedule	To ensure adherence to program service delivery requirements, compliance visits are conducted monthly to review.
Project Staff and Consultant Meetings	On Schedule	To assess program activities and other core functions; regular meetings are conducted in house, via webinars and via conference calls
Abstinence Education	On Schedule	To inform, educate and empower TANF eligible adolescents and young adults (aged 13 to 21 years) to make informed healthier life choices.
Home Outreach Support Services	On Schedule	To provide TANF eligible expectant mothers, their male partners, and familie with information, referral and access to needed rmedical, nutritional, social, emotional, educational, developmental and other appropriate prenatal health care services.
Know for Sure Calls	On Schedule	TOTAL ACTIVITY:214 calls, 80 ABV calls PARISHES: West Baton Rouge 70710, East Baton Rouge70802 (2), 70805(3), 70806 70812, 70814(3), 70815, 70816(2), 70817, 70818, 70819 St. Martin 70517, TANGIPAHOA 70401, EAST FELICIANA 70730, Livingston 70726, Iberville 70776, Zachary 70791, Baker 70714((2), Ascension 70346, Iberia 70544, OUT OF STATE COUNTRIES: Natchez MS 39120
Google Ad's/ Social Media	On Schedule	14,174 Google Impressions- 98chats - Devices use for Ad word campaign Computer 183 clicks, Mobile 334 clicks

Performance Indicators

Performance Indicator	Unit of Measure	PI Target	PI Actual	DEV	PI Actual Number	Year End Target	Year End Actual	Year End DEV	Reason for Deviation
Application	NUMERIC	243	207	-36	N/A	1944	682	1262	satisfactory
y Test	NUMERIC	246	269	23	N/A	1968	807	1161	Services Exceedi
regnancy Test	NUMERIC	40	39	-1	N/A	320	144	176	Services Exceedi
se Education	NUMERIC	40	39	-1	N/A	320	144	176	Services Exceedi
ig	NUMERIC	187	278	91	N/A	1500	721	779	Services Exceedi
	NUMERIC	138	160	22	N/A	1100	522	578	Services Exceedi
sk Assessment	NUMERIC	150	332	182	N/A	1200	702	498	Services Exceedi
i Development	NUMERIC	138	168	30	N/A	1100	538	562	Services Exceedi
monitoring	NUMERIC	138	270	132	N/A	1100	640	460	Services Exceedi
pport	NUMERIC	78	175	97	N/A	624	419	205	Services Exceedi
itreach Support	NUMERIC	42	57	15	N/A	336	155	181	Services Exceedi
comes	NUMERIC	44	76	32	N/A	352	173	179	Services Exceedi

Approved
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*Approval Date
 09/10/2015



1. **PREPARE YOURSELF FOR THE POSSIBILITY OF A DISASTER**



2. **KNOW YOUR OWN STRENGTHS AND WEAKNESSES**



3. **KNOW YOUR OWN STRENGTHS AND WEAKNESSES**



4. **KNOW YOUR OWN STRENGTHS AND WEAKNESSES**



Did you know...



5. **KNOW YOUR OWN STRENGTHS AND WEAKNESSES**

Issue

September 2015



Hurricane Readiness Tips for Pregnant Women

Pregnant women are more vulnerable during a disaster. Pregnancy requires women and families to make all kinds of preparations, including special preparations. Here are a few tips:

- Contact your local officials who manage the shelters to which you may evacuate. Ask for information on any special procedures in place for pregnant women
- It's very important to realize that you may deliver at an alternate hospital or birthing facility. Think about where you would deliver at in the event of road closures or in the event that you are instructed to evacuate, especially if you're close to your delivery date.
- Contact your physician and request copies of your records and any special or recommended precautions you should take or be aware of. Keep this information with the other important records you will take with you
- Pack prenatal vitamins, or perhaps an extra supply of over-the-counter vitamins, along with extra maternity clothes
- Fill prescription medications in advance.
- Have bottled water and non-perishable food supplies on hand. Try to stock food that is high in protein and low in fat.
- You should do their best to eat regularly and nutritiously and drink plenty of water. You also should do your best to get enough sleep and to rest quietly (lying down with feet up) for a few minutes several times a day.

Pregnant women should know the signs of labor and if they experience any of these symptoms, should NOT wait to seek immediate care. Preterm labor is any labor before 37 weeks gestation.

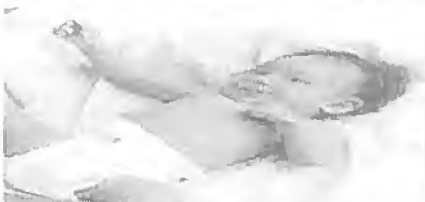
The signs of labor are:

- Contractions (the abdomen tightens like a fist) every 10 minutes or more often
- Change in vaginal discharge (leaking fluid or bleeding from the vagina)
- Pelvic pressure—the feeling that the baby is pushing down - low, dull backache
- Cramps that feel like a period - abdominal cramps with or without diarrhea

By taking the time to make these preparations, you will be able to cope during the stress and uncertainty a hurricane can create.



healthy pregnancies



healthy babies



healthy families

Provider Corner Amniotic Fluid

Amniotic fluid surrounds your baby in your womb. It cushions your baby, and helps your baby's lungs, digestive system, and muscles develop. If they're too low or too high, you're more likely to have complications, such as early delivery. It may also mean there's a problem with your baby or the placenta.

Low levels of amniotic fluid are riskier early in your pregnancy. They can be a sign that your baby is growing too slowly. If it occurs late in pregnancy, it can be a sign of placental failure. Your doctor may want to monitor your pregnancy more closely.

High levels of amniotic fluid often don't cause any problems. But high levels do increase your risk of early delivery or growth problems.

Even normal amounts of amniotic fluid may cause the health care provider to watch the pregnancy more carefully. Removing a sample of the fluid through amniocentesis can provide information about the health and development of the fetus.

Did You Know...

Boy babies outnumber girl babies.

A fetus does not have bowel movements before birth.

If you are within the normal weight range for your height you are less likely to suffer problems such as high blood pressure or diabetes during pregnancy.

All the eggs you will ever produce are stored in your ovaries before you are born.

It takes about 70-80 days to make a sperm.

The sex of a baby is determined by whether the sperm that fertilizes the egg carries the X or Y version of chromosome 23.

Laks Baby Beam Pregnancy Watch

The Pregnancy Watch gadget from Laks in essence doubles as a digital watch and a pregnancy device. When a woman is pregnant, the watch can tell her the week of pregnancy she is in.

It is no ordinary fertility watch. It also comes with a list of baby names, just in case you haven't picked one out for your new addition.

Pregnancy Watch (\$114)

DADS During Pregnancy Advice for New Dads

Fitness & Expectant Mothers Weight Gain During Pregnancy

Expectant fathers should know that their wives' weight gain during pregnancy is a normal part of the process.

The average pregnant woman gains about 25 to 35 pounds. This weight gain is not just fat. It includes the weight of the fetus, placenta, amniotic fluid, and the extra blood and fluid in the mother's body.

- **Overweight women** should gain about 15 to 25 pounds.
- **Obese women** should gain about 10 to 15 pounds.
- **Pregnant women with diabetes** should gain about 10 to 15 pounds.

It's important for expectant fathers to know that their wives' weight gain is a normal part of the process. They should encourage their wives to eat a healthy diet and get regular exercise.

Life Choice Project

3813 N. Flannery Road
Baton Rouge, Louisiana 70814
Phone: 225.273.1124
Toll Free: 888.823.1121

CARING TOWN MINISTRIES

Through the Carings, we provide a safe, central, personal place for women and children who are in need of help during pregnancy, childbirth, and the postpartum period.

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 tiative: Alternatives to Abortion CFMS# 719685 [06-30-15]
 porting
 nth: August 2015

Performance Period

Amount Appropriated: \$485,629.00

Monthly Invoices: \$ 55,808.62

YTD Amount: \$ 114,407.24

Highlights & Deviations: Conference call for technical training related to lack of promotional resources

Corrective Actions for
Deviations:

Ongoing Obstacles:

Major Activities in Next
Goals and Objectives: Reach vulnerable low income pregnant women and their families

Performance Delivery

Component Name	Yearend Target	YTD Total Served	YTD New Served	Total Served This Month	New Served This Month	Notes
i-Take Application	1944	243	243	220	220	

Task Status

Task Name	Status	Activity Notes
(1) Quality Assurance	On Schedule	To ensure adherence to program service delivery requirements, comp visits are conducted monthly to review prior to ACH disbursement.
(2) Project Staff and Consultant Meetings	On Schedule	Conference call training to assess program activities and other core fi regular meetings are conducted in house, via webinars.
(3) Abstinence Education	On Schedule	To inform, educate and empower TANF eligible adolescents and young to make informed healthier life choices.
(4) Home Outreach Support Services	On Schedule	To provide TANF eligible expectant mothers, their male partners, and with information, referral and access to needed medical, nutritional, emotional, educational, developmental and other appropriate Pre-natal health care services.
(5) Know for Sure Calls	On Schedule	Calls 214 186 appointments, 35 chats, 59 emails 2 Ascension, 166 East Baton Rouge, 3 Iberville, 3 Livingston, 1 Plaquemine, 3 St. John the Baptist, 6 Point Coupee, 11 Lafayette, 5 Vermillion. Out of State 1 Oaxaca Mexico, 1 Harris TX, 1 Marion MS.
(6) Google Ad's	On Schedule	172,323 impressions times users saw our listing in search 54 chats

Performance Indicators

Performance Indicator	Unit of Measure	PI Target	PI Actual	DEV	PI Actual Number	Year End Target	Year End Actual	Year End DEV	Reas Devi
Take Application	NUMERIC	243	220	-23	N/A	1944	475	1469	Within 9
Pregnancy Test	NUMERIC	246	245	-1	N/A	1968	538	1430	Within 9
Negative Pregnancy Test	NUMERIC	40	47	7	N/A	320	105	215	Services
Abstinence Education	NUMERIC	40	47	7	N/A	320	105	215	Services
Counseling	NUMERIC	187	203	16	N/A	1500	443	1057	Services
Referral	NUMERIC	138	162	24	N/A	1100	362	738	Services
Health Risk Assessment	NUMERIC	150	173	23	N/A	1200	370	830	Services
Are Plan Development	NUMERIC	138	173	35	N/A	1100	370	730	Services
Ongoing monitoring	NUMERIC	138	168	30	N/A	1100	370	730	Services
Family Support	NUMERIC	78	110	32	N/A	624	244	380	Services
Home Outreach Support	NUMERIC	42	49	7	N/A	336	98	238	Services
Birth Outcomes	NUMERIC	44	45	1	N/A	352	97	255	Services

Approved
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*Approval Date
9/10/15